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Cronulla Triathlon Club Newsletter

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RESULTS

Club members have been performing very well lately as the following results show:

Commonwealth Games Triathlon...... Greg Welch in his usual do or die style, overcame a bike collision to finish third in the inaugural Games Triathlon. Congratulations Greg. Despite the poor treatment of the demonstration sport competitors, who were not permitted to attend opening or closing ceremonies or visit the Games village, most members of the team admit it was an experience they will long treasure in their minds and hearts.

In the Fairy Meadow Biathlon, the club also achieved good results. Despite huge seas, Rick Pallister won the event, Belinda Soszyn was second woman; Rick Parkes was first in his age division and fourth across the line; Mark Pringle was second in the same age division and Phil Scott won his age division as well.

At the infamous Dubbo' Triathlon, Clinton Barter showed Games selectors how foolish they were for omitting him from the team by convincingly winning the race. John Bowers Junior was placed third in this event. An excellent result from these two juniors...Clinton also won $1000 as part of a 2HMM radio promotion recently. Perhaps your luck is changing Clinton.

The fourth race in the Ampol Series was held in hot and steamy conditions on the Gold Coast. The swim was held in the effluent of the affluent, one of the local canals, while the cycle was scenic but exacting. Cronulla once again took out many awards with our best result coming from Louise Bonham who was second female home. Congratulations Louise!
Greg Welch was sitting in second spot until he was overcome by stomach cramps but once again he persisted and finished in 9th position. Natalya Orchard won her age division. Natalya is now living only minutes from where the course was held and she loves it up there. She sends her regards to everyone and thanks the club for their fundraising efforts as well. Glenn Gorick, Belinda Soszyn, Ron Bonham and John Baker all took out second spot in their respective age divisions while Pring took out third in his group.

Chris Southwell out sprinted fellow club member, Mick Maroney to win the St. George Sailing club tri-terium last Sunday. Congratulations Chris! Mick Gilliam completed the trifecta for the club by taking out third spot. Glenn Gorick won his division while Mary O’Dwyer and Bob Southwell were second in their respective categories.

At Coogee, Lena Edmondston and Leonie Denny took out second and third positions at the Coogee Biathlon with Rick Pallister finishing fourth in the hotly contested mens field.

In Canberra, the Sri Chinmoy race records were shattered by winners, Troy Fidler and Liz Hepple with club member Louise Bonham finishing in second place. Computer malfunctions deprived age group contenders from discovering their placings but in the mini tri held on the Saturday, 890 competitors competed with Jason Harper finishing third and Dave Brown sixth.

What a weekend for the sport…….2000 in Canberra… 400 at the St. George Sailing club and 500 at Biathlons at Coogee and Wagga. The sport is certainly growing and this fact has been recognised by the powers that be because the World Triathlon Championships will be held in Victoria in 1991. Congratulations to the incredibly organised Victorian Triathlon Association for securing this event for Australia.

POINT SCORES……..POINT SCORES……..POINT SCORES……..POINT SCORES…….

FIVE CLUB CHAMPIONSHIP RACES have now been held with the results of four of these in our hands. Leading the point score is Greg Welch with 3 points from 3 races. Mick Maroney has 7 points from 4 races while Tony Unicomb has 6 points from 3 races. In the womens division, Louise Bonham has 4 points from 3 races and Melinda Mentha has 5 points from 3 races. In the age categories; John Bowers Jnr leads the juniors; Greg Welch, Glenn Gorick, Monkey, Clive Smith, Greg Ball, Ron Bonham and Greg Miller, John Baker, Bob Southwell, Louise Bonham, Leonie Denny, Gaille McPhee, Belinda Soszyn and Natalya Orchard are all leading their respective age divisions.
Only three races remain... Bundena, National Park and Forster so the competition is hotting up.

Congratulations to all those who gained selection for the Ironman. Many people missed out due to the overwhelming demand for a chance to race. The club has many female club members now with roughly 12 vying for championship honours. Melinda Mentha, Louise Bonham, Belinda Soszyn, Danielle Helps, Gaille McPhee and Louise Watkins are all competing at Forster. Never before has the club seen such female representation at what is traditionally such a gruelling event. Of course, many of the male club members are competing as well and we wish all the competitors the very best in training and in the event itself.

A thorough list of the point score situation will be issued in next month's newsletter. Hopefully, I will have received the Sri Chinmoy results by that stage.

John Baker has a new wetsuit for sale. For further information phone 523 0598.

I have my 1988-89 season racing bike for sale. If anyone is interested, they can contact me... Belinda ... on 558 6411.

TRAINING TIMES

SWIMMING....Mick Maroney at Sutherland Swimming Pool

CYCLING.....Cnr Kingsway and Taren Point Rd. Caringbah, Tuesdays and Thursdays 5 a.m. Sundays at Caringbah 5:30 a.m.

RUNNING.....Wednesday 6 p.m. at Gunnamatta Park R.S.L. Facility.

The club received a thank you card from Louise Bonham for the Commonwealth Games Fund raising Evening. Louise wishes to express her thanks to everyone concerned.

At the time of going to press, the club has 156 members and we are continually growing.

The next executive meeting is on Monday March 5th. If you have anything to contribute, don't hesitate to come along and state your point of view. The meeting is held at Cronulla R.S.L. at 6:30p.m.

See you out training .........Bye for now.....

SOS.