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Victim victorious: From fire to phoenix

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Victim Victorious: From Fire to Phoenix

This fascinating book takes on the subjects of interpersonal abuse, victims, and the state of ‘victimhood’ that such abuse provokes. Importantly, it also offers insight into the ways victims can move beyond merely surviving abuse to actually thriving in their new post-abuse lives. It provides an excellent variety of real life stories that deal with a wide array of types of abuse, and it is interspersed with clinical observations that explain how to help victims heal psychologically and even spiritually. This book expands the conversation about abuse in all kinds of relationships and who may qualify as among the ‘walking wounded.’ It is heart-rending, eye-opening, and empowering all at once.

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